

Lung Cancer Awareness Month

Does smoking have any benefits? Explain.

Smoking truly doesn't have benefits because it causes lung cancer and it does cause death. But according to people that actually do smoke, they have said that they benefit from it because it helps significantly reduce stress, relax, concentrate, and boost mental strength. There's a lot of smokers who know what smoking does but still do it either way because of these reasons. Smokers do what they do because of stuff from the past and stuff they just wanna forget.

Should the decision to smoke or not be left up to the individual? Explain.

Yes because even though smokers know that what they do causes death and lung cancer, they still do it. The decision should be left up to the person because they should be the ones to decide everything for themselves and if they know it causes harm to them and yet they still do it then that's their life. If they decide not to then that's good for them because they don't have to experience the harm smoking does to you.

Should tobacco be illegal for everyone or just those under the age of 18?

I think tobacco should be illegal for everyone because smoking causes cancer, heart disease, stroke, lung diseases, diabetes, and chronic obstructive pulmonary disease (COPD), which includes emphysema and chronic bronchitis. Smoking also increases risk for tuberculosis, certain eye diseases, and problems of the immune system, including rheumatoid arthritis.

Would laws about tobacco discourage people from smoking? Explain.

Probably not because there are many rules around the world and more than half are always broken or basically not followed. Therefore, even though laws about tobacco are made, people would still do it and it would probably do the total opposite of discouraging them. They'd most likely want to try it even more or do it a lot more than usual.

Are tobacco laws pointless and unnecessary? Explain.

Most rules are followed but some rules aren't followed. Especially the rules that apply to children under the age of 18. Rules that are applied to them aren't unnecessary but most are pointless because it doesn't matter what the rule is basically what they can or can't do because most of the time, they don't follow the law and if it's illegal, they still do it anyway.

Write a topic sentence that expresses your opinion about tobacco laws.

My opinion about tobacco laws is pretty much like any other person's opinion on it mostly. You shouldn't do it unless you're over the age of 21 or just don't do it at all. As many people already know, tobacco can cause terrible harm and especially Lung cancer. Cancer is a disease in which some of the body's cells grow uncontrollably and spread to other parts of the body. So lung cancer is basically that but in your lung and it makes it worse because the heart is located between the lungs and if it starts on your lungs and it grows uncontrollably, it might crush your heart and therefore stop it and you die. The word lung cancer might not seem scary, but the

things it causes and the things that can happen to you caused by it are really scary. Plus, smoking tobacco doesn't only give you lung cancer, but it also gives you cancer, heart disease, stroke, lung diseases, diabetes, and chronic obstructive pulmonary disease (COPD), which includes emphysema and chronic bronchitis. As much as these laws are enforced, there's always gonna be someone that will find a way to stop that law, or still smoke tobacco. Therefore, these laws are necessary but since so many people know about the risk and still do it, It's kind of pointless to do anything about the laws. In conclusion, my opinion about tobacco laws is basically that the laws are necessary but pointless when you look at it at least from my point of view.

1st site: <https://pubmed.ncbi.nlm.nih.gov/8746297/>

2nd site: <https://www.cdc.gov/tobacco>

3rd site: <https://www.dhs.wisconsin.gov/tobacco/tobacco21.htm>

What does it mean to be American?

It means living in a world of constant fear and discrimination.

I am a fourteen year old black girl. I am a fourteen year old black girl born in America. An American girl who is not only fearful of the state her country is in now, but what state it will be in the future.

Our country, the land of the free, the home of the brave, was independent from the claws of Great Britain in 1776. Still it plays by rules from the Supreme Law Of The Land. The Supreme Law of the land-The American Constitution- is a two hundred and thirty-three year old document. This document was written by a slave owner who was white and male. The document was only for those who were white and male. Still we follow this document with no questions. Is this not a problem?

Sure, the document has had ratifications. But only twenty-seven. The twenty-seven times the constitution has been changed included the abolition of slavery, the right to voting for people of color, and womens right to vote. In a "free" country wouldn't that already be in The Supreme Law Of The Land and not ratifications to it. Is our land really free? Or is it free for the white male?

Our country, the land of the free and home of the brave, is known for the American dream. But what is the American dream? When you search it up, the American dream can be defined as the ideal by which equality of opportunity is available to any American, allowing the highest aspirations and goals to be achieved. But how is our country equal at all? We had to fight for laws like the Racial Discrimination Act of 1975 which makes it illegal to intentionally discriminate against a person because of his or her race, colour, descent, national origin or ethnic origin, or immigrant status. If a country is so equal why do we-people of color-have continued to fight for equality?

People come from places all across the world for a chance to live the American dream. For a chance to better their families; better their lives. But what are they met with? They are met with the reality that is there is no American dream. That there is no equality.

Calling America the land of the free is something undeserved. This so-called land of the free is taking away a woman's right to her body. This land is taking away kids from their families. The men and women who are sworn to protect this land are killing other men and women.

Excerpt from "Encore"

The lights finally become bright again with the applause from the crowd bouncing off the walls. Dorothy takes a graceful bow, her smile beaming from ear to ear and the blood-red colored curtains are drawn closed, leaving only herself and the props around her on the stage.

"My my, well aren't you the brightest thing that this place has ever seen? I believe you're exactly what The New York City Theater needs around here, Ms. Love." The owner and main manager of the theater, Mr. Lionel Vespucci, commented as they walked backstage, taking a puff from his cigar. Her brown eyes lit up at the praise that the older man sent her way.

"Why thank you, Mr. Vespucci. I certainly try my best to give the people what they want." She replied, nibbling on her lip. Lionel laughed heartily and patted her on the cheek. "Say, how 'bout you come around next Thursday and we could work out some sort of contract?"

"You mean it? Oh thank you, thank you! I promise I will not let you down, sir!" Dorothy thanked him, clutching the skirt of her navy blue dress, and skipped her way out to the backstage exit. When she made it outside into the damp alleyway, it had been raining quite heavily, so the young girl's updo became limp and frizzy from the water still hanging in the air.

"Hello there, Dottie!" The airy voice of her cousin, Jezebel called. She snapped out of her daze, walking over to the curb to see her and her husband, Milford, waiting for her in their Ford Model T.

"What are you two doing here? I thought you and Peggy Sue were supposed to be taking care of Ma?" Dorothy asked her elder cousin as she climbed into the motorcar and shook out the water from her updo. Jezebel turned her head back to look at her cousin, "Peggy Sue decided that she'll be taking care of her today. She rang Dr. Kincaid, and was told that Ma is to be put on an order of a diet of bone broth and complete bed rest for about seven weeks."

The girl was shocked. Just two weeks ago, her grandmother was up and about, baking fruitcakes and tending to the daisies in the flowerbeds. Now because of the stroke that she had on that dreaded day, she lay immobile.

"That's just terrible news, Jezebel! And here I was, gettin' all excited about the theater when I should've stayed with Peggy Sue and Ma! I feel like a failure!" Dorothy cried, resting her head in her hands miserably.