



JOIN US FOR A
FIT
FRIDAY

Stay active with some simple workouts,
 and have fun in a supportive
 environment!

January 3rd
 January 17th
 January 31st
 ALL from 4pm-5pm

OWEN'S PLACE
 (414) 977-4249
 4610 W FOND DU LAC AVENUE

 @OWEN'SPLACE

 @OWENSPLACEMKE



MILWAUKEE COUNTY
**DEPARTMENT OF
 HEALTH & HUMAN
 SERVICES**
Together, creating healthy communities.

